

Our Vision

Engage & Empower people in protecting their mental well being as a part of their overall wellbeing using Accessible, Affordable & Reliable research & evidence based new age technology tools.



Let's Make It Happen...

The Challenge

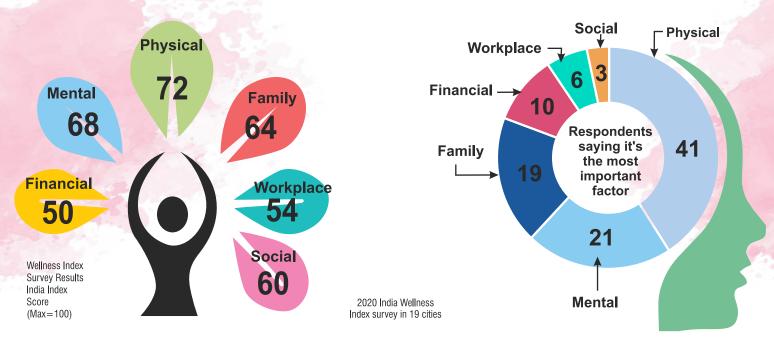
Globally 1 in every 5 and in India 1 in every 6 persons is impacted by mental health issues 11 1

42.5% employees in Private sector in India suffer from depression or some form of anxiety disorder 22 2

India will face economic loss of US\$ 1.03 trillion between 2012 & 2030 due disability adjusted years ""

...for every \$1 invested in scaled-up treatment for depression and anxiety, there is a \$4 return in better health and productivity 4

For Indians, Mental Health has become one of the Top most factor for wellness





We are conditioned to give priority to only our Physical Fitness while our Emotional Health is often neglected

Why Emotional Wellbeing is Important?

Physical Health is directly related to your Emotional Health.



1 The Lancet Psychiatry, Dec 2019

3 WHO Report, 2017 2 Study Report by ASSOCHAM, Apr 2015 4 The Lancet Global Health, Nov, 2021

Our Approach

Disease Progression Mental Wellbeing



Mental Illness initiates





- Complexity at workplace
- · Collapse of Support system
- Relationship Issues
- Loss of Income/loved one
- Inability to understand symptoms
- · Social Stigma

Support System Psychoeducation & Awareness

Prevention/ Early Detection/ Self Help Therapy & Counselling Treatment

Psychiatric Help & Medication



Awareness

Prevention

Early Detection Self Treatment Therapeutic Treatment

Safe & Secure, End to End Tech enabled solution

HappiMynd's Offering

HappiLIFE

Assessment Tool



- 10 Parameter Summary
- · Summary Reading
- · Globally Validated
- · Positive Narration



HappiAPP

Self Help App



- · Globally acclaimed
- 24*7 access
- · Research & Evidence based
- National Health Service (NHS) Approved





HappiCHAT

Self Help Content



- 24*7 Chat Support
- Personalized Care
- Library Audio/Video/Blog
- Qualified Psychologists

HappiTALK

Counselling Sessions



- Online Access
- · Affordable & Reliable
- · RCI accredited Psychologists · Cultural sensitivity

HappiSPACE

Customized Organizational Package



- 5 Stage coverage
- User's Anonymity
- Positive human capital Impact
- · Affordable Investment



HappiSPACE



Signup

Orientation sessions

Self Assessment Self Help Modules

Counselling

Management Report



Webinars for Impact (standalone on demand)

Awareness Drive

Educative content Series **Affordable & Customized Offerings**

HappiLIFE Screening

Assisted Summary Reading

> Self Help App

75-200

Monthly Investment /employee

> Tele help Line

Counselling Sessions

Employees' families will be offered privileged pricing

Testimonials

The only NHS-approved mental health app supporting prevention & early detection of mental health conditions



84% of employees downloaded Self Help App within the first month, compared to less than 5% who used the traditional wellbeing services throughout the whole of 2019.



Over 65% of staff downloaded the app in the first rollout across teams in head office, field based, globally, and those without email addresses.



We're Worldwide

2800+ Organizations

3.8 million + users

















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